



Golay Community Center
 1007 E. Main St.
 Cambridge City, IN 47327
 (765) 478-5565

Aerobics Schedule

January 2025

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			1 Golay Closed No Classes	2 9:00a H2O Aero SC no Spin no Body Sculpt	3 No classes	4 No Classes
5	6 7:45a Low Impact CS 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	7 9:00a H2O Aero PF 5:00p Spin RE 6:00p Body Sculpt RM	8 9:00a Spin RE 9:45a H2O Aero ZH 10:00a Healthy Living PF 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	9 9:00a H2O Aero JM 5:00p Spin RE 6:00p Body Sculpt RE	10 9:00a Spin RE 5:00p Spin RM 6:00p Body Sculpt RM	11 No classes
12	13 7:45a Low Impact CS 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	14 9:00a H2O Aero JM 5:00p Spin RE 6:00p Body Sculpt RM	15 9:00a Spin RE 9:45a H2O Aero ZH No Healthy Living 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	16 9:00a H2O Aero SC 5:00p Spin RE 6:00p Body Sculpt RE	17 9:00a Spin RE 5:00p Spin RM 6:00p Body Sculpt RM	18 No classes
19	20 No low impact 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	21 9:00a H2O Aero JM 5:00p Spin RE 6:00p Body Sculpt RM	22 9:00a Spin RE 9:45a H2O Aero ZH No Healthy Living 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	23 9:00a H2O Aero SC 5:00p Spin RE 6:00p Body Sculpt RE	24 9:00a Spin RE 5:00p Spin RM 6:00p Body Sculpt RM	25 No classes
26	27 7:45 Low Impact CS 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	28 9:00a H2O Aero JM 5:00p Spin RE 6:00p Body Sculpt RM	29 9:00a Spin RE 9:45a H2O Aero ZH No Healthy Living 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	30 9:00a H2O Aero SC 5:00p Spin RE 6:00p Body Sculpt RE	31 9:00a Spin RE 5:00p Spin RM 6:00p Body Sculpt RM	

Notes

- Classes are Free/members and \$5/non-members
- During inclement weather, if Western Wayne Schools are CLOSED we will NOT have morning classes.