



Golay Community Center
 1007 E. Main St.
 Cambridge City, IN 47327
 (765) 478-5565

Aerobics Schedule

June 2024

Su n.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
						1 NO YOGA, PILATES, OR STEP
2	3 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR NO LOW IMPACT	4 9:00a H2O Aero DT 5:00p Spin RE 6:00p Body Sculpt RM	5 9:00a Spin RE 9:45a H2O Aero ZH 10:00a Healthy Living PF 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	6 9:00a H2O Aero PF 5:00p Spin RE 6:00p Body Sculpt RE	7 9:00a Spin RE 5:00p Spin RM 6:00p Body Sculpt RM	8 9:00a Yoga JR 10:00a Pilates JR 11:00a Step JR
9	10 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR NO LOW IMPACT	11 9:00a H2O Aero DT 5:00p Spin RE 6:00p Body Sculpt RM	12 9:00a Spin RE 9:45a H2O Aero ZH 10:00a Healthy Living PF 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero JM	13 9:00a H2O Aero PF 5:00p Spin RE 6:00p Body Sculpt RE	14 9:00a Spin RE 5:00p Spin RM 6:00p Body Sculpt RM	15 9:00a Yoga JR 10:00a Pilates JR 11:00a Step JR
1	17 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR NO LOW IMPACT	18 9:00a H2O Aero DT 5:00p Spin RE 6:00p Body Sculpt RM	19 9:00a Spin RE 9:45a H2O Aero ZH 10:00a Healthy Living PF 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	20 9:00a H2O Aero PF 5:00p Spin RE 6:00p Body Sculpt RE	21 9:00a Spin RE 5:00p Spin RM 6:00p Body Sculpt RM	22 9:00a Yoga JR 10:00a Pilates JR 11:00a Step JR
2	24 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR NO LOW IMPACT	25 9:00a H2O Aero DT 5:00p Spin RE 6:00p Body Sculpt RM	26 9:00a Spin RE 9:45a H2O Aero ZH 10:00a Healthy Living PF 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	27 9:00a H2O Aero PF 5:00p Spin RE 6:00p Body Sculpt RE	28 9:00a Spin RE 5:00p Spin RM 6:00p Body Sculpt RM	29 9:00a Yoga JR 10:00a Pilates JR 11:00a Step JR
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Notes

- Classes are Free/members and \$5/non-members
- During inclement weather, if Western Wayne Schools are CLOSED we will NOT have morning classes.