




**Golay Community Center**  
 1007 E. Main St.  
 Cambridge City, IN 47327  
 (765) 478-5565

## Aerobics Schedule

# May 2022

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p H2O Aero CR 6:00p Body Sculpt RM	3 8:15a Low Impact CS 9:00a H2O Aero DT 5:00p Spin RM 6:00p Body Sculpt RM	4 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	5 9:00a H2O Aero PF 12:45p Gentle Yoga JR 1:45p Pilates JR 5:00p Spin RE 6:00p Body Sculpt RE	6 9:00a Spin RE 5:00p Spin RE 6:00p Body Sculpt RM	7 10:00am Step JR 11:00am Yoga Flow JR
8	9 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p H2O Aero CR 6:00p Body Sculpt RM	10 8:15a Low Impact CS 9:00a H2O Aero DT 5:00p Spin RM 6:00p Body Sculpt RM	11 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	12 9:00a H2O Aero DT 12:45p Gentle Yoga JR 1:45p Pilates JR 5:00p Spin RE 6:00p Body Sculpt RE	13 9:00a Spin RE 5:00p Spin RE 6:00p Body Sculpt RM	14 <b>NO STEP OR YOGA FLOW</b>
15	16 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p H2O Aero CR 6:00p Body Sculpt RM	17 8:15a Low Impact CS 9:00a H2O Aero DT 5:00p Spin RM 6:00p Body Sculpt RM	18 9:00a Spin RE 9:45a H2O Aero ZH 5:00p Spin RE 6:00p Body Sculpt RM 6:00p H2O Aero CR	19 9:00a H2O Aero PF 12:45p Gentle Yoga JR 1:45p Pilates JR 5:00p Spin RE 6:00p Body Sculpt RE	20 9:00a Spin RE 5:00p Spin RE 6:00p Body Sculpt RM	21 10:00am Step JR 11:00am Yoga Flow JR
22	23 9:00a Spin RM 9:45a H2O Aero ZH 5:00p Spin RM 6:00p H2O Aero CR 6:00p Body Sculpt RM	24 8:15a Low Impact CS 9:00a H2O Aero DT 5:00p Spin RM 6:00p Body Sculpt RM	25 9:00a Spin RM 9:45a H2O Aero ZH 5:00p Spin RM 6:00p Body Sculpt RM 6:00p H2O Aero CR	26 9:00a H2O Aero PF 12:45p Gentle Yoga JR 1:45p Pilates JR 5:00p Spin RM 6:00p Body Sculpt RM	27 9:00a Spin RM 5:00p Spin RM 6:00p Body Sculpt RM	28 10:00am Step JR 11:00am Yoga Flow JR
29	30 CLOSED 	31 8:15a Low Impact CS 9:00a H2O Aero DT 5:00p Spin RM 6:00p Body Sculpt RM				

### Notes

- Classes are Free/members and \$5/non-members
- During inclement weather, if Western Wayne Schools are CLOSED we will NOT have morning classes.